

Our Soul Body

The word soul or, Spirit, conjures up a plethora of images, thoughts and opinions. When we hear the question “what is soul or Spirit”, there is no one answer to suffice. It is a subject so immense, so vast, that most simply accept the dogmas of their ancestral religion or belief. For Spirit is all encompassing and is everywhere at all times. All that we are and everything that exists is due to Spirit.

Our soul body, unlike the other entities in the body complex, cannot be contained within a structure. Yes, there is a type of ‘spirit body’, however, it cannot be defined by a structure, for it is one spark of the ‘Central Fire’. It is a part and parcel of ‘SPIRIT.’ Each living thing contains a spark unique unto itself.

Our ‘Human Being’ is made of numerous parts, all working together to create the human experience we know of as life. Spirit is the origin and therefore the force that causes there to be life. Spirit is not influenced by life, which would be impossible, as it is outside of the law of cause and effect. However, the soul body does grow,

Spirit is without limit, it is boundless and the reason for all that exists. The spark that is within each of us is the soul body, a spark of Spirit, the Divine Fire. This soul body grows through the ages. It is always a part of ‘SPIRIT.’ It is the small still voice that we hear, the deep inner intuition.

The soul body is a reservoir of all things. Within its deeper realms are the energies of Spirit, the force of creation. When we are in ‘Right Relationship’ we hear clearly the inner voice emanating from deep within ‘the Center.’ We often confuse this with intuition or, gut. Yes, the gut is close, however, deeper within is the voice of Spirit.

Try listening. By simply paying attention to your gut, the intuition, you will begin to move closer to ‘The Voice.’ The gut is never wrong; it can’t be, for it comes from the Spirit within. This simple practice will begin to change your life.

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[Our Physical Body](#)

[Our Mental Body](#)

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